



A highly engaging, evidence-based, social emotional learning program for high school students, focused on building healthy relationships and connections.



A turn-key, sequenced curriculum of 12 interactive group lessons on topics including communication, conflict, trust, vulnerability, giving and getting

support, and recognizing strengths.

#### **HOW TCP WORKS**

TCP is used with high school students in a variety of settings, including in and out of schools. Through the progression of lessons, along with group discussions led by trained facilitators, teens learn to interact, share, and improve connections with others.

#### **OUTCOMES**

Teens leave TCP with new skills they apply to relationships outside of the program. Research and evaluation data show that TCP supports teens to develop:



Higher quality peer relationships & connections to others



Greater school belonging/ engagement



Improved social-emotional skills



Improved well-being



# BECOMING A TCP PARTNER

SEL skills are a foundation for successful adolescence and adulthood, yet many teens lack healthy, positive, and affirming relationships. TCP supports teens in building healthy connections and relationships with peers and adults.

Wyman actively seeks schools and community-based organizations, committed to high-quality SEL support for teens, to become TCP partners.

TCP encouraged the teens to be true to their emotions, gave them tools and strategies to make connections, and made them feel less isolated.

TCP offered many of these teens a safe space to express themselves when nobody else listened to them.

R. Levario, TCP Facilitator

Through Wyman's partnership replication model, organizations receive all the training and support necessary to successfully implement the program:



start up support, including training



ongoing training and professional development opportunities



periodic reviews



on going technical assistance



data collection and monitoring

TCP partners become members of Wyman's National Network – a community of practice where you can interact with and learn from peers across the country who are delivering proven social emotional programs for teens.

To learn more about Wyman's National Network, tap here.





### INTERESTED IN LEARNING MORE ABOUT TCP AND BECOMING A PARTNER?

### **TORI GALE**

**Director, Partnerships & Administration** 

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The best part is being able to get some things off your chest that have been bothering you or taking a toll on you, and people being able to hear you out and understand.



## LOOKING FOR A SEL PROGRAM FOR MIDDLE AND HIGH SCHOOL STUDENTS?

Learn more about Wyman's Teen Outreach Program by clicking here.



